

Community Water Safety Swim Classes

For Children
Ages 3-10 Years

Every year a large percentage of children drown within 6–10 feet of safety. Most of these drownings happen because of a lack of basic water safety knowledge and skills. The

basic skills that children need to know include: breathing, breath control, and how to hold their breath, how to master and control buoyancy, and how to open their eyes under water. *Brought to you by a collaboration between the Hastings YMCA, HAST Swim Team and Hastings Community Education, your child will gain the skills they need to have basic water safety.* Participants will be assessed and provided direction to continue their aquatic education. You do not need to be a member of the YMCA or Hastings Area Swim Team to participate. Pre-registration is required through Hastings Community Education by calling 651-480-7670 or go online to www.HastingsCommunityEd.com.
Min. 4/Max. 12



#595173A

Sun Nov 5-Dec 17

6:30-7:10 pm

YMCA, Pool

\$55-7 ses

#595173B

Sun Jan 14-Feb 25

6:30-7:10 pm

YMCA, Pool

\$55-7 ses