May Events 2018

Senior Center
310 River Street
Hastings, MN 55033
651-480-7689

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 7:30 Pickleball 9:30 Bingo 12:00 Card Games 12:00 Poker Lessons 12:00 Caregiver Conversations 12:30 Poker & Bridge 3:00 Pickleball 5:30 500 Foot Care	**2** 7:30 Pickleball 8:30 Golf 9:00 Yoga & Zumba 9:00 Quilting 9:30 Dominoes 10:45 Yoga 1:00 Diabetes Support 5:00 Pickleball Foot Care	**3** 7:30 Pickleball 9:00 Chair Massage 9:30 Hand & Foot 12:00 Card Games 12:30 Poker 1:00 The Cost of Care 3:00 Pickleball 6:00 Emotions Anonymous	**4** 7:30 Pickleball 9:00 The Bridge 10:00 Yoga 12:30 Bridge 12:30 500
7 7:30 Pickleball 9:00 Zumba 10:00 Yoga & Art 12:30 Mahjong 12:45 Cribbage 1:00 Scrabble 3:00 Shuffleboard 5:00 Pickleball 6:00 Emotions Anonymous 6:00 Yoga Foot Care	**8** 7:30 Pickleball 9:30 Bingo 10:00 Coffee Club 12:00 Card Games 12:00 Poker Lessons 12:30 Poker & Bridge 1:00 Smart Driver 3:00 Pickleball 5:30 500 Foot Care	**9** 7:30 Pickleball 8:30 Golf 9:00 Yoga & Zumba 9:00 Medicare Counseling 9:30 Dominoes 10:00 Rug Hookers 10:45 Yoga 1:00 Movie 5:00 Pickleball Foot Care	**10** 7:30 Pickleball 9:00 Chair Massage 9:30 Hand & Foot 10:00 Quilts of Valor 12:00 Card Games 12:30 Poker 1:00 Vision Loss 3:00 Pickleball 6:00 Grief Support Foot Care	**11** 7:30 Pickleball 10:00 Yoga 12:30 Bridge 12:30 500
14 7:30 Pickleball 9:00 Zumba 10:00 Yoga & Art 10:00 Reflexology 11:30 Birthday Bash 12:30 Mahjong 12:45 Cribbage 3:00 Shuffleboard 5:30 Poker Tourney 6:00 Yoga 6:00 Emotions Anonymous Foot Care	**15** 7:30 Pickleball 9:30 Bingo 12:00 Card Games 12:00 Poker Lessons 12:00 Caregiver Conversations 12:30 Poker & Bridge 3:00 Pickleball 5:30 500	**16** 7:30 Pickleball 8:00 Golf 9:00 Yoga & Zumba 9:00 Quilting 9:30 Dominoes 10:00 Book Discussion 10:45 Yoga 12:00 Lunch Bunch 1:00 Diabetes Support 2:00 Parkinsons Support 5:00 Pickleball 6:00 Bocce Ball	**17** 7:30 Pickleball 9:00 Chair Massage 9:30 Hand & Foot 10:00 Advisory Council 12:00 Card Games 12:30 Poker 3:00 Pickleball Foot Care	**18** 7:30 Pickleball 10:00 Yoga 12:30 Bridge 12:30 500
21 7:30 Pickleball 9:00 Zumba 9:15 Water Exercise 10:00 Yoga & Art 12:30 Mahjong 12:45 Cribbage 1:00 Scrabble 3:00 Shuffleboard 5:00 Pickleball 6:00 Yoga 6:00 Emotions Anonymous Foot Care	**22** 7:30 Pickleball 9:15 Water Exercise 9:30 Bingo 12:00 Card Games 12:00 Poker Lessons 12:30 Poker & Bridge 3:00 Pickleball 4:30 500 Foot Care	**23** 7:30 Pickleball 8:30 Golf 9:00 Yoga & Zumba 9:00 Healthy Aging Day at the YMCA 9:15 Water Exercise 9:30 Dominoes 10:45 Yoga 5:00 Pickleball 6:00 Bocce Ball	**24** 7:30 Pickleball 8:30 Newsletter Assembly 9:00 Chair Massage 9:15 Water Exercise 9:30 Hand & Foot 12:00 Card Games 12:30 Poker 3:00 Pickleball 6:00 Grief Support Foot Care	**25** 7:30 Pickleball 10:00 Yoga 12:30 Bridge 12:30 500
28 **Memorial Day** **Center Closed** 	**29** 7:30 Pickleball 9:15 Water Exercise 9:30 Bingo 12:00 Card Games 12:00 Poker Lessons 12:30 Poker & Bridge 3:00 Pickleball 5:30 500	**30** 7:30 Pickleball 8:30 Golf 9:00 Yoga & Zumba 9:15 Water Exercise 9:30 Dominoes 10:00 Rug Hookers 10:45 Yoga 5:00 Pickleball 6:00 Bocce Ball	**31** 7:30 Pickleball 9:00 Chair Massage 9:15 Water Exercise 9:30 Hand & Foot 12:00 Card Games 12:30 Poker 3:00 Pickleball	