

# Safety Around Water

## For Children Ages 3-10 Years

Every year a large percentage of children drown within 6–10 feet of safety. Most of these drownings happen because of a lack of basic water safety knowledge and skills. The basic skills that children need to know include: breathing, breath control, and how to hold their breath, how to master and control buoyancy, and how to open their eyes under water. Participants will be assessed and provided direction to continue their aquatic education. You do not need to be a member of the YMCA to participate. Preregistration is required through Hastings Community Education. (No class 11/6) Brought to you by a collaboration between the Hastings Community Education and the Hastings Area Family YMCA.

Sec. #595102A	Ages 3-5 Years	Sun Jan 20-Feb 24	3-3:30 pm	\$47-6 ses	YMCA Pool
Sec. #595102B	Ages 3-5 Years	Sun Mar 3-Apr 14	3:10-3:40 pm	\$55-7 ses	YMCA Pool
Sec. #595102C	Ages -11 Years	Sun Mar 3-Apr 14	3:10-3:50 pm	\$55-7 ses	YMCA Pool



**651.480.7670**

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