

# Dakota County Early Childhood Resources

August 2019



## What Programs Provide Home Visiting for Parents?

### School District Early Childhood Family Education Programs (ECFE) Home Visits

Some districts provide home visits for families experiencing pregnancy, birth, or infant adoptions. Many ECFE programs also offer Community Baby Showers where new parents can meet other new parents, learn about community resources, and learn more about ECFE. see page 8

### Dakota County Family Home Visiting Program

The Family Home Visiting Program in the Public Health Department provides support to families during pregnancy and through a child's preschool years. A public health nurse or home visiting professional can provide teaching and support about healthy pregnancy, fetal development, breastfeeding, and how to prepare for labor and delivery. A nurse can visit after the baby is born to answer questions, weigh and measure the baby, talk about newborn care, breastfeeding/nutrition, car seat safety, immunizations, infant brain development and many other parenting topics. The nurse can make visits to a home, school or another convenient site. To find out more about family home visiting services, call Dakota County Public Health at 651-554-6115.



### Head Start Early Home Visiting

Early Head Start is a home visiting program in Dakota County. It is designed to nurture healthy attachments between a child and their parent/caregiver. It provides a full range of services for each family from pregnancy to a child's third year. 651-322-3500 or [www.capagency.org](http://www.capagency.org)

### Safe and Healthy Start

Safe and Healthy Start is a Dakota County Community Services program designed to support pregnant women who are using drugs or alcohol. A team of social workers, public health nurses, mental health and chemical dependency specialists work to connect pregnant women to resources and offer support that assists them in being sober and drug-free for the safety of their unborn child. Dakota County Children and Family Intake 942-891-7459

## What If My Child Isn't Doing Things Like Other Children Their Age?



Help Me Grow is the state-wide intake for all developmental concerns for children ages birth to age 5. It connects families to their local district for free screening and evaluation.



**School District: Infant and Toddler Intervention** are special services and supports for children birth through age 2 years and their families.

These services are provided for eligible children who may be experiencing delays in their development for several reasons, including special health conditions. Services are offered at no cost to families. 1-866-693-4769 or see page 8

**School District: Preschool Special Education** is for eligible children ages 3 to 5 years. Help Me Grow provides services based on the needs of preschool children who meet state eligibility criteria for developmental delay or other disability, and who are experiencing challenges in their learning and development. 1-866-693-4769 or see page 7

## Where Can I Go For Early Childhood Family Education?

### **Early Childhood Family Education (ECFE)**

This program is for all families with children between the ages of birth and Kindergarten. The program supports parents in their role as their child's first and most important teacher. It is a program that provides information, support and friendship. see page 8

## Is My Child on Track and Ready for Kindergarten?



### **Early Childhood Screening (Preschool Screening)**

When a child is 3 years old, the local school district provides free early childhood screening. It looks at how a child is learning and developing to help them get ready for school. Free tools and resources are provided during the screening appointment! Screening is required for all children prior to enrolling in Kindergarten. (see page 8)

### **Follow Along Program**

The Dakota County *Follow Along* Program is a free developmental monitoring program for children age birth to 3 years. Parents complete short surveys asking how their child is growing. *Dakota County Public Health Intake 651-554-6115*

### **Child and Teen Checkups**

Child and Teen Checkups (C&TCs) are well-child screenings for children under the age of 21 who are enrolled in Medical Assistance (MA). Contact your local health provider for Child and Teen checkups covered under Medical Assistance (MA). For those with private insurance, well-child checkups are typically a benefit under most insurance plans. For assistance finding a medical provider, scheduling an appointment, transportation or an interpreter contact *Dakota County Public Health 952-891-7520*



## What If I Need Help with Child Care?

### Think Small

This organization provides information to help families search for child care and early childhood education programs. 1-888-291-9811 or [www.thinksmall.org](http://www.thinksmall.org)

### Parent Aware

Parent Aware gives families tools and information to find the best quality child care and early education program for your child. 1-888-291-9811 or [www.parentaware.org](http://www.parentaware.org)

### State Early Learning Scholarships: Families First of MN

The State Early Learning Scholarships give families financial support to help pay for high-quality early care and education to prepare their young children for school. The scholarship amount is up to \$7,500 for a 12 month period. Children must be age 3 or 4 by September 1. Scholarships are available for children ages birth to five for children in Foster Care. Dakota County residents should contact Families First of MN 507-287-2020 [www.familiesfirstmn.org](http://www.familiesfirstmn.org)



### Dakota County Child Care Assistance Program

Child Care assistance programs help low-income families who need assistance to help paying for child care. There are three different programs available. Some programs may have waiting lists. *Dakota County Employment and Economic Assistance* 651-554-5611

### Center for Inclusive Child Care

This agency offers inclusion coaching and consultation to child care providers to support children with special needs and behavioral challenges in child care settings. This program also provides Health and Safety Coaching to child care providers. 651-603-6230 or [www.inclusivechildcare.org](http://www.inclusivechildcare.org)

## Where Can My Child Go for Preschool?

### School District Preschool Programs

Every school district in Dakota County provides preschool for both three and four year olds. Some programs offer financial assistance to those who qualify. Some school districts offer busing to programs. see page 8

**Extended Day Pre-K** This program offers extended hours for additional class room instruction and activities for those enrolled in preschool programs. see page 8

### Family Literacy Programs (Family School)

Parents can learn English and parenting skills while their children attend preschool. Contact your local Early Childhood Family Education Program for more information. see page 8

### CAP Agency Head Start

Head Start promotes the school readiness of young children from income eligible families. This program is found in various communities in Dakota County. 651-322-3500 or [www.capagency.org](http://www.capagency.org)

## Private Preschool Options

There are a variety of private preschool options available for children. Parent Aware gives families tools and information to find the best quality early education program for children. 1-888-291-9811 or [www.parentaware.org](http://www.parentaware.org)

## What is WIC?

WIC is a U.S. Department of Agriculture (USDA) program that helps keep low-income women, infants and children up to age 5 healthy. WIC provides nutritious foods to supplement diets, information on healthy eating, breast feeding support and referrals to health care and community resources. 952-891-7525

## Dakota County Asthma Program

Dakota County Asthma Program is a free program for families who live in Dakota County who have a child ages 0-18 diagnosed with asthma. Families will receive a up to three nursing visits from a public health nurse to learn more about asthma and how to help manage it, establish an Asthma Action Plan, and discuss ways to decrease exposure to triggers in their home that can improve control of the child's asthma. Families may also be eligible to receive free equipment to decrease asthma triggers. To enroll online go to [www.dakotacounty.us](http://www.dakotacounty.us) and search "Asthma." or call 651-554-6115.

## How to Raise a Reader?

### Dakota County Libraries

Kids who read grow up to succeed. The Dakota County Library offers a variety of fun programs for children age birth to 18. Visit one of nine Dakota County Locations to learn more or call 651-450-2900 [www.co.dakota.mn.us/libraries](http://www.co.dakota.mn.us/libraries).




### **I am concerned about my Child's Behavior**

Dakota County has a variety of early childhood mental health providers that offer both clinic and in-home services. Some of these services are offered at a sliding fee for those who are uninsured.

## In-Home Early Childhood Mental Health Providers

Starting July 1, 2019 both Family Adolescent Children's Therapy (FACTS) and Associated Clinic of Psychology (ACP) received a grant to provide Early Childhood Mental Health Services for families living in Dakota County for children ages birth through Kindergarten. The service includes: Three (3) face-to-face visits to complete a diagnostic assessment in the child's home & early learning setting, one (1) feedback sessions to share the results of the assessment and up to four (4) parenting or therapy sessions with the child and parent. Insurance is billed for this service, and both FACTS and ACP have a sliding fee to support uninsured or underinsured families for up to 7 total visits. Additional therapy may be provided if there is insurance or medical assistance.

AGENCY	REFERRAL INFORMATION
<p><b>Associated Clinic of Psychology (ACP)</b></p> <p>Serves children school district:            ISD 6-South Saint Paul            ISD 192-Farmington            ISD 194-Lakeville            ISD 195-Randolph            ISD 199-Inver Grove Heights</p> <p>ISD 196 will refer children whose kindergarten attendance school will be one of the following elementary schools:            Westview, Rosemont, Diamond Path, East Lake, Shannon Park, Deerwood, Northview, Red Pine, Highland elementary school.</p>	<p>Referral Coordinator: 612-455-8643 Option 1            Online Referral: <a href="http://www.acp-mn.com">www.acp-mn.com</a></p>
<p><b>Family Adolescent Children's Therapy Services(FACTS) </b></p> <p>Serves children in school district:            ISD191-Burnsville            197-West Saint Paul, Mendota Heights, Eagan            ISD 200- Hastings            917-Therapeutic Preschool Program</p> <p>ISD 196 whose kindergarten attendance school will be one of the following elementary schools: Glacier Hills, Green Leaf, Thomas Lake, Woodland, Cedar Park, Echo Park, Southview, Parkview, Oakridge, Pinewood</p> <p>Children attending Head Start may be referred to FACTS regardless of what school district the child is attending</p>	<p>651-379-9800  <a href="http://www.facts-mn.org">www.facts-mn.org</a></p>

## Additional In-Home Early Childhood Mental Health Providers

AGENCY	REFERRAL INFORMATION
Nystrom and Associates	763-767-3350 <a href="http://www.nystromcounseling.com">www.nystromcounseling.com</a>
Family Innovations	Home Based: 651-748-5019 ext. 1201 <a href="http://www.familyinnovations.com">www.familyinnovations.com</a>

## Clinic Based Early Childhood Mental Health Providers

AGENCY	REFERRAL INFORMATION
Associated Clinic of Psychology (ACP) ✦ *West St. Paul and Apple Valley	651-450-0860 WSP 952-432-1484 Apple Valley <a href="http://www.acp-mn.com">www.acp-mn.com</a>
Canvas Health *West St. Paul and Cottage Grove ✦	651-351-3121
Fraser-Eagan ✦	612-767-7222 <a href="http://www.fraser.org">www.fraser.org</a>
Cedar Valley Center for Child and Family Therapy *Eagan	651-688-0488 <a href="http://www.cedarvalleytherapy.com">www.cedarvalleytherapy.com</a>
Family Adolescent Children's Therapy Services (FACTS) *Mendota Heights ✦	651-379-9800 <a href="http://www.facts-mn.org">www.facts-mn.org</a>
Secure Base Counseling Center *Lakeville, Northfield, New Prague * In-home services for children (CTSS)	507-301-3412 <a href="http://www.securebasecounselingcenter.com">www.securebasecounselingcenter.com</a>
Twin Cities Play Therapy *Eagan	651-452-2305 <a href="http://www.twincitiesplaytherapycenter.com">www.twincitiesplaytherapycenter.com</a>
Amherst H. Wilder Foundation-Clinic Services *St.Paul ✦	651-280-2310 <a href="http://www.wilder.org">www.wilder.org</a>
Washburn Center for Children *Minneapolis ✦	<a href="http://www.washburn.org">www.washburn.org</a> 612-871-1454

## Early Childhood Day Treatment Programs (Preschool Ages 3-6)

AGENCY	REFERRAL INFORMATION
FACTS-Preschoolers Achieving Skills for Success Day Treatment Program-Savage	651-379-9800 <a href="http://www.facts-mn.org">www.facts-mn.org</a>
Fraser Eagan: Preschool Mental Health Day Treatment & Autism Day Treatment	612-767-7222 <a href="http://www.fraser.org">www.fraser.org</a>



*This agency has a grant to provide specifically trained clinicians utilizing evidence based practices to work with young children. These grants may also cover the uninsured.*

## Support and Navigation for Children with Special Needs

AUSM-Autism Society of Minnesota	651-647-1083 <a href="http://www.ausm.org">www.ausm.org</a>
The ARC Minnesota	942-920-0855 <a href="http://www.arcminnesota.org">www.arcminnesota.org</a>
Children & Youth with Special Health Needs Navigator	1-877-333-2466 Disability Hub MN <a href="#">Click here for website</a>
Isuroon-Dakota County Parent Support Program	612-866-2731 <a href="http://www.isuroon">www.isuroon</a> *Serves East African and Somali Communities
Minnesota Hands and Voices	651-265-2434 <a href="http://www.mnhandsandvoices.org">www.mnhandsandvoices.org</a>

NAMI MN-Dakota County Parent Resource Program	651-645-2948 namimn.org
PACER Minnesota	952-838-9000 www.pacer.org
Proof Alliance (formerly MOFAS)	651-917-2370 www.proofalliance.org

## Where Can I Find Information about Local Community Resources?

### MinnesotaHelp.info®


Minnesotahelp.info is brought to you by the State of Minnesota, and strives to connect people with services in their communities. [www.minnesotahelp.info](http://www.minnesotahelp.info) or 651-431-4312

### United way 211 or 651-291-0211

Free information and referral service 24 hours a day 7 days a week in English, Spanish, Somali Russian & Hmong. New Text Option: Text your zip code to 891-211 (Available M-F 8am-7pm).



## Dakota County Community Services Intake Phone Numbers

<p><b><u>Children and Family Intake 952-891-7459</u></b></p> <ul style="list-style-type: none"> <li>• Child Protection</li> <li>• Parent Support Outreach Program (PSOP)</li> <li>• Safe and Healthy Start</li> <li>• Children's Mental Health Services</li> <li>• Truancy Intervention</li> <li>• Minor Parent Services</li> <li>• Foster Care Recruitment\Licensing and Adoption Recruitment and Placement 952-891-7400</li> <li>• Family Child Care Licensing 952-891-7400</li> </ul>	<p><b><u>Community Living Services Intake 651-554-6336</u></b></p> <ul style="list-style-type: none"> <li>• Intake for aging and disability services (children and adults)</li> <li>• MN Choices Assessment</li> <li>• Consumer Support and Family Support Grants</li> <li>• Developmental Disability Services (DD)</li> <li>• Personal Care Assistance (PCA)</li> <li>• Wavier services</li> </ul> <p style="text-align: center;"><b>Senior Linkage Line 1-800-333-2433</b> <b>Disability Linkage Line 1-866-333-2466</b></p>
<p><b><u>Dakota County Housing Crisis Line 651-554-5751</u></b></p> <ul style="list-style-type: none"> <li>• Homeless prevention and intervention for individuals and families</li> </ul> <p><b><u>Dakota County Crisis Response Unit 952-891-7171</u></b></p> <ul style="list-style-type: none"> <li>• 24 hour Crisis Call Center</li> </ul>	<p><b><u>Dakota County Adult Services Intake 651-554-6424</u></b></p> <ul style="list-style-type: none"> <li>• Adult Mental Health Services</li> <li>• Chemical Health Services (Rule 25)</li> <li>• Information and referral</li> <li>• Pre-petition screening</li> </ul> <p><b><u>Minnesota Adult Abuse Reporting Center 1-844-880-1574</u></b></p> <ul style="list-style-type: none"> <li>• State wide intake for suspected maltreatment of a vulnerable adult by any person.</li> </ul>
<p><b><u>Public Health Intake 651-554-6115</u></b></p> <ul style="list-style-type: none"> <li>• Prenatal and Post-Partum Referrals</li> <li>• Family Home Visiting</li> <li>• Child and Teen Health Check-Ups</li> <li>• Children with Special Needs Ages Birth to Three</li> <li>• Asthma Education</li> </ul>	<p><b><u>Public Health Programs</u></b></p> <ul style="list-style-type: none"> <li>• WIC 952-891-7525</li> <li>• Immunization Clinics 651-891-7999</li> <li>• Children's Dental Services 612-746-1530</li> <li>• Tuberculosis testing &amp; treatment 952-891-7500</li> <li>• Health Promotion &amp; Adolescent Health 651-554-6100</li> <li>• Follow Along Program 651-554-6178</li> </ul>
<p><b><u>Employment and Economic Assistance</u></b> <b>651-554-5611 Mendota Road, West Saint Paul</b></p> <ul style="list-style-type: none"> <li>• Food Assistance</li> <li>• Cash and Emergency Assistance</li> <li>• Child Care Assistance</li> <li>• Medical Assistance &amp; Mnsure Lab</li> <li>• To schedule appointment at the Burnsville Work force Center call 651-554-5611 and ask to speak to a cash information and referral worker.</li> <li>• To schedule appointments at the Hastings Family Services call 651-437-7134</li> <li>• Child Support 651-554-5909</li> </ul>	<p><b><u>Dakota County Child Support-651-554-5909</u></b></p> <p><b><u>Dakota County Burnsville Work Force Center</u></b> 952-703-3100 28000 County RD 42 W Burnsville MN 44557</p> <p><b><u>Dakota County West St. Paul Work Force Center</u></b> 651-554-5955 1 Mendota Road, West Saint Paul MN 55118</p> 
<p><b><u>Veterans Services 651-554-5601</u></b></p> <ul style="list-style-type: none"> <li>• Benefit Counseling, Information and Referral</li> <li>• <b>Veterans Linkage Line 1-888-546-5838</b></li> </ul>	



## School District Early Childhood Program Contacts 2019-2020

District	School District Name	Early Childhood Screening age 3.5-4 (pre-school Screening)	Early Intervention/Early Child Special Education (ECSE) Intake Numbers	Early Childhood Family Education (ECFE)	School District Community Pre-school Programs & School Readiness Programs
ISD 6	South St. Paul	651-288-6897	Birth to 3 651-306-3682 3 to 5 651-457-9497	651-457-9418	651-457-9418
ISD 191	Burnsville/Eagan/Savage	952-707-4100	952-895-6652 952-707-6262 (fax)	952-707-4150	952-707-4150
ISD 192	Farmington	651-460-3200	Birth to 3 651-463-5067 3 to 5 651-463-5066	651-460-3200	651-460-3200
ISD 194	Lakeville	952-232-3000	Birth to 3 952-232-3054 3 To 5 952-232-3043	952-232-3006	952-232-3001
ISD 195	Randolph	507-645-4773 507-263-2151	Birth to 5 507-645-5959	507-645-4773 507-263-2151	507-645-4773 or 507-263-2151
ISD 196	Apple Valley/Rosemount/Eagan	651-423-7899	952-388-1900 952-388-1948 (fax)	952-388-1953	952-388-1960
ISD 197	WSP/Mendota Heights/Northern Eagan	651-403-8363	651-403-8390 651-403-8310 (fax)	651-403-8353	651-403-8353
ISD 199	Inver Grove Heights	651-306-7520	Birth to 3 651-306-7575 3 to 5 651-306-7313	651-306-7503	651-306-7503
ISD 200	Hastings	651-480-7381	651-480-7446	651-480-7678	651-480-7678

**CAP Agency Head Start Program:  
651-322-3500**

Refer a Child to  
**help me** 



Statewide Phone Referral Number: **1-866-693-4769**

Online Referrals: [www.HelpMeGrowMN.org](http://www.HelpMeGrowMN.org)

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