



Tilden Community Preschool and ECFE Health and Safety Information



Illnesses

The Health Policy is to insure the safest and healthiest environment for your child, our families, and our staff.

Please keep your child home and notify your teacher if your child comes down with or has been exposed to any of the following:

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|-------------------------|--------------|----------------------|-------------|
| -Bacterial Meningitis | -Chicken Pox | -Diarrheal Illnesses | -Diphtheria |
| -Fifth's Disease | -Hepatitis A | -Measles | -Mumps |
| -Pertussis | -Pneumonia | -Rubella | -Impetigo |
| -Unidentified Skin Rash | | | |

Please keep your child HOME if she/he has any of the following symptoms:

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|-----------|--------------------------------|--------------------------------|
| -Diarrhea | -Severe or persistent coughing | -Yellowish skin or eyes |
| -Pink eye | -Difficult or rapid breathing | -Vomiting in the last 24 hours |
- Fever (The fever needs to be absent, without the help of fever reducing medication, for 24 hours.)
-Infected skin patches (crusty, yellow, dry or gummy areas of the skin)
-Skin rash that has not been identified as non-contagious

If your child develops any of these symptoms while they are in class, you will be notified. You may be asked to keep your child home until symptoms are gone or a physician decided that the child may return to class.

*****Please notify us if your child has any of the following: Asthma, Seizures, Diabetes, and/or Severe Allergies or any other significant health condition that may affect them in the classroom.**

Peanut Free/Tree Nut Free Classes

- Please remember to check any packaged good for peanuts or peanut exposed foods. (A special treat may be harmful to a child who has an allergy.)
- We will not serve items that list peanuts/tree nuts as an ingredient on the package.
- We will also not serve items that have a package statement indicating that some of the machines in the production process may have been used for other items containing nuts.
- We encourage healthy snacks such as cut up fruits, cheese, vegetables, non-sugary snacks, real fruit juice, yogurt, whole grain options, etc.
- All cookie, cracker and cake-like snacks need to be packaged and unopened.
- Always check the ingredients on any package to avoid the presence of peanuts in any way.
- Bakery items will not be allowed unless you can have the bakery/store ensure in writing that the goods purchased are nut free and that they have been prepared or produced by machines that are also nut free.

Weather Policy

- If Hastings School District #200 closes or delays school, our classes will not meet as well. Please look on the Hastings School website (www.hastings.k12.mn.us) for closings, listen to KDWA, or watch television announcements for closings.