

Welcome to the Sharks Recreational Bowling League!

Special Olympics Minnesota is excited to announce their new Recreational Bowling League! Join the Sharks for eight weeks of fun on the lanes starting on January 11th. SOMN will average the scores for our team and the top teams will be awarded. Everyone will receive a SOMN recreational sports pin. It's all about fun!

Special Olympics athletes, unified partners and coaches are welcome to bowl in the new Recreation Bowling League. Paperwork on file with SOMN must be current before January 11.

PRACTICES: We bowl on the following Thursday evenings at the Island Xtreme Bowl Lanes located at Treasure Island Resort and Casino, 5734 Sturgeon Lake Road, Welch, MN 55089. A parent, friend or staff must accompany the athlete to bowling.

January: 11, 18 and 25

February: 1, 8, 15, 22 and 29

Bowling starts at 6:30 PM. Arrive by 6:15 PM and head to your lane. Please have your bowling shoes on and be ready to bowl before 6:30! If you are not at your lane, you may miss out on your first game.

BOWLING LANES: Out of respect for our fellow athletes, food is not allowed on the lanes. The Snack Bar will be open on Thursday nights, and you are welcome to enjoy a snack in the Snack Bar area. It is not okay to bring outside food or beverages into the Xtreme Bowl.

ATTENDANCE: Please notify Coach Sid Rioux (651) 955-8845 if you are unable to attend.

CODE OF CONDUCT: All Hastings Sharks and caregivers must agree to follow the Sharks Code of Conduct. Please review the Code of Conduct with your athlete. Alcohol, tobacco and/or vaping products are not allowed during practice by athletes, family, or staff. Questions? Please contact Lisa Sieben at 12.Hastings.Sharks@gmail.com.

PARTICIPATION FORMS: You will be notified if your athlete needs their Application for Participation in Special Olympics form updated or if it is incomplete. All applications, forms and requirements must be completed one week prior to the first practice. Paperwork is not accepted after the first practice. Please make sure you complete the entire form.

EQUIPMENT: Bowling balls and bowling shoes are available free of charge at the lanes.

SAFETY: You are responsible for your athlete's safety.

1. A parent, staff or friend must attend all practices with your athlete.
2. If you must leave, make sure another adult is willing to be responsible for your athlete.
3. Athletes must be accompanied to the restroom by a parent or guardian.
4. Children in your care must be supervised.
5. Be prepared to take your athlete home when practice ends.

Please leave headphones and electronic devices at home. We want you to be safe at practice and the Sharks are not responsible for lost or stolen items.

RESPECT: Treasure Island has generously offered their facility to our athletes. Please respect the lanes. Street shoes are not allowed beyond the carpet area. After bowling, athletes must return their shoes to the rental desk and their balls to the ball stand. The Sharks will not be the only customers in the lanes during our practice, so please respect other bowlers.